



**2018 - 2019**  
**PARENT & ATHLETE TRYOUT**  
**INFORMATION PACK**

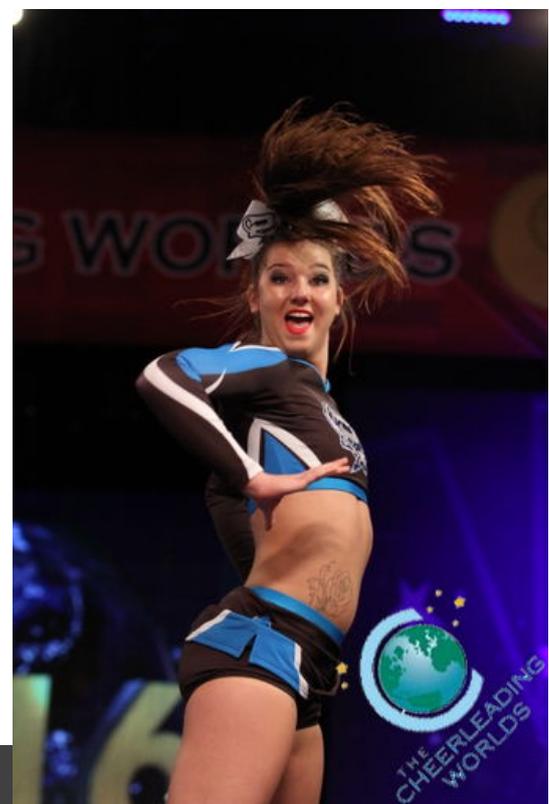
[cheer@powersportskids.com](mailto:cheer@powersportskids.com)





**Welcome to the Powersports All-Star Cheerleading Program! We are excited that you are interested in being a part of our 8th season of competitive cheer.**

Our overall goal is to train highly competitive teams while bettering individual athletic potential. We believe that our success comes from parent, athlete, and coach commitment and the great things that happen when all three parties work together. Although our most direct focus is training our athletes to become successful cheerleaders, we believe our cheer program goes far beyond skill progression. We also focus on the value of teamwork, commitment, goal setting, and character. All of these are lifetime skills that we feel make our athletes more prepared for the future both inside and outside of the cheer world.



Our program vision and goal is to build our athletes by starting with a strong foundation and progressing your child at his/her own ability level in a motivating and positive environment. By focusing on character and core values, this helps mold our athletes into solid competitive team players.

Whether you are new to Powersports or re-enrolling, the following information pack is designed to give you all the necessary details that you or your child may need. Please read everything in this pack carefully and direct any questions you may have to the Powersports Cheer email.

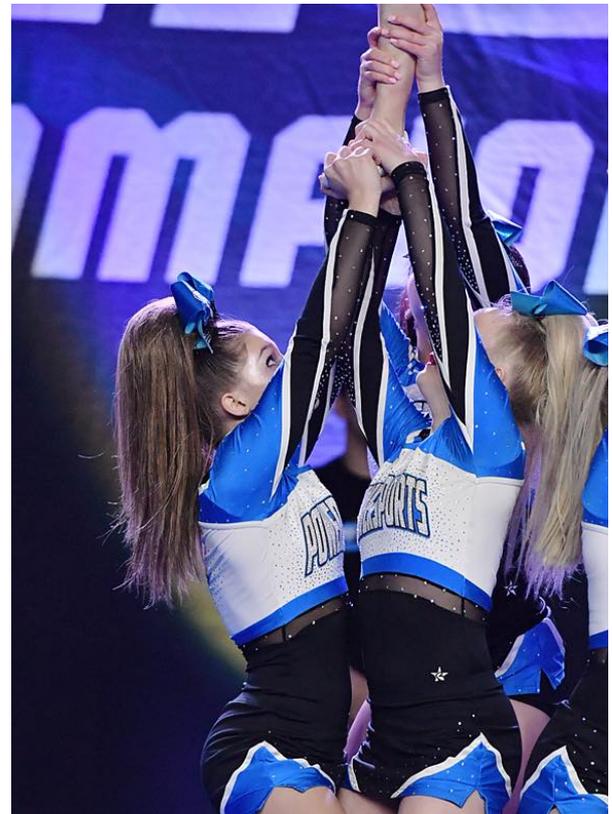
Sincerely,  
The Powersports Cheer Staff  
[cheer@powersportskids.com](mailto:cheer@powersportskids.com) - 979-776-0018



# WHAT IS IT?

## ELITE ALL-STAR!

The Elite All-Star division is designed for athletes with the skill level and dedication to participate year round in a cheerleading team. These All-Star teams practice 4-5 hours per week honing skills to put on the floor at competition. Perfecting their skills as a team during practices, these athletes go all out with uniform, bow, make up and high hair when traveling to different competitions on various weekends in the Fall and Spring semesters! Jumps, dance, tumbling and stunting... All-Star cheerleading is intense, FUN and rewarding!



## PREP TEAM!

The prep divisions offered at Powersports Cheer are for families wanting to participate in the competitive side of cheerleading but would like to reduce the costs. Prep teams will be all dolled up when at competitions, wearing sparkly uniforms, bow, make up and high hair, performing to a 2.00 minute fast paced routine. They practice limited hours and travel to fewer competitions, however our coaches still push these athletes just as hard as our elite all-star athletes! We want our Powersports kids to be the best they can be whether it's prep or all-star!



# WHAT IS IT?

## SHOW TEAM!

The Little Dippers are called a “Show” team or “Exhibition” team. This is a team made up of 3 to 6 year olds who are beginner cheerleaders or brand new to cheerleading.

It is a great introduction into the competitive cheer world in a fun and encouraging environment. The difference between All-Star cheerleading and Show Team is that Show Team will *perform* at competitions rather than *compete*. This gives them the opportunity to experience the competitive aspect of cheerleading in a non-intimidating, yet fun, way. Show Team wear a complete uniform just like the competitive teams, attend competitions and show-offs with the competitive teams, and have a choreographed 2 minute routine performed to music.



## FUNCHEER!

Introducing our newest cheerleading team to the Powersports Cheer program - FUNcheer! This team will be perfect for anyone wanting to try cheerleading, but with minimal commitment!

They will practice once a week between 1-2 hours where they will learn stunting, tumbling, jumps and dance. The team will start forming a routine during practices and in the spring semester, they will showcase their routine at 1-2 competitions. This is a perfect opportunity for your child to try cheerleading at low costs yet still allowing them to experience the competitive aspect of cheerleading in a non-intimidating, yet fun, way.



# TRYOUT INFORMATION

The weeks leading up to tryouts, practices will still be running and current athletes are still required to attend their usual practice time. Instead of running routines, athletes will be mastering level-appropriate skills and working to learn new skills either in their level or the basics and drills of a new level. During these practices we will also go through the tryout rubric with the athletes and help them select their tumble and jump combinations as well as demonstrate a mock tryout so they feel comfortable and prepared on tryout day. Any new athletes interested in joining the Powersports family are encouraged to contact the office ([cheer@powersportskids.com](mailto:cheer@powersportskids.com)) to discuss which would be a suitable practice time to come and practice with the current athletes before tryout day.

| TRYOUTS ~         | SATURDAY May 5th* |
|-------------------|-------------------|
| 8 Years and Under | 9:00 - 10:00 AM   |
| 9 Years and Up    | 10:30 - 11:30 AM  |

## TRYOUT DAY CHECKLIST

- |   |  |
|---|--|
| <input type="checkbox"/> Sign up for tryout class online<br>(see below) | <input type="checkbox"/> Athlete and Parent Contract                     |
| <input type="checkbox"/> \$180 Tryout Fee**                             | <input type="checkbox"/> Athlete Contact Information                     |
| <input type="checkbox"/> Copy of Birth Certificate                      | <input type="checkbox"/> Registration fee \$30***<br>(New Athletes Only) |

**If you are a returning athlete you are not required to attend tryouts, but you must fill out the Letter of Intent. All forms must be completed and turned in on tryout day along with the tryout fee and a birth certificate. It is advised to pre-register for tryouts online at [powersportskids.com](http://powersportskids.com). New athletes will need to pay the registration fee online and sign new client paper work. Current clients can simply add the class to their account. This will help speed up the paper collection process for everyone on tryout day.**

\*If you cannot make your designated tryout time on May 5th, you may schedule a separate tryout time. Please contact [cheer@powersportskids.com](mailto:cheer@powersportskids.com) to set up an evaluation time with a cheer coach.

\*\*Tryout fees will be applied to the athlete's USASF membership and the remaining towards the practice gear fee, competition bow and make up. Tryout fees are NON-REFUNDABLE. All athletes will be evaluated on individual skills. Our tryouts are NOT stressful! We will evaluate each athlete and encourage them to re-do skills if they are not completely satisfied.

\*\*\*If you are currently registered with the gym you do not need to pay the registration fee (gym insurance). 2017-2018 registration fees expire in August. At that time, the 2018-2019 fee will be due.



# DETERMINING TEAM PLACEMENT

Teams will be posted after the conclusion of Summit on June 2nd.

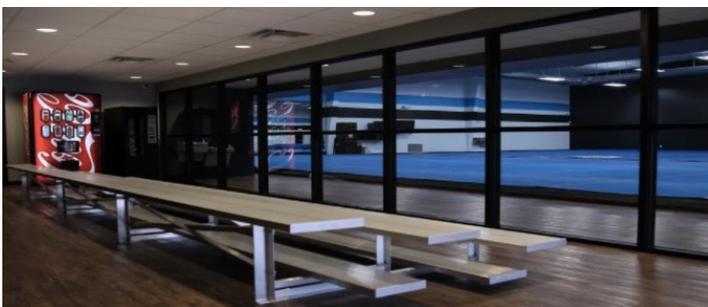
Athlete team placement is dependent on skills performed at tryouts. After tryouts, the staff will meet extensively to assemble team rosters. Powersports Cheer will work together to create teams that have the best chance at having a successful competitive season.

All athletes must show a strong mastery of skill technique. Please remember – **HAVING** a skill does not mean being able to “throw it”. It is the ability to demonstrate the skill repeatedly with a strong level of mastery, confidence and proper execution!

Our ultimate goal during team formation is to maximize the score sheets for every team in all areas. **TRUST** the Powersports Staff to build teams that will be successful during the competition season. After the staff have completed team rosters, we will notify each athlete via email to let them know the results of tryouts.

**Please note:** Powersports Cheer tries to move athletes as little as possible but understand that movement **WILL** happen. Team movement is based on gaining or losing a skill, or if a certain team needs a certain position filled. Team movement can happen at any point in the season until the best possible combination of athletes are together for the success of that team.

**Please note:** Once placed onto a competitive cheerleading team, all skills that were performed at tryouts (especially tumbling and stunts) are to be performed by athletes during practice. If the athlete does not perform the required skills, he/she will be subject to removal from that team or be made an alternate.





# LEVEL REQUIREMENTS

## LEVEL 1

- Jump connected to backward/forward roll
- Jump connected to back/front walkover
- Round off back walkover
- Front walkover round off back walkover

## LEVEL 2

- Standing back handspring
- Back walkover back handspring
- Round off back handspring series (at least 3)
- Front walkover step out specialty pass to back handspring series

## LEVEL 3

- Multiple jump combination to standing back handspring
- Standing back handspring series (at least 3)
- Round off back tuck
- Round off back handspring back tuck
- Punch front
- Front walkover level appropriate running tumbling pass

## LEVEL 4

- Multiple jump combination to back handspring back tuck or layout
- Standing back tuck
- Two back handsprings to back tuck or layout
- Round off back handspring layout
- Specialty through to layout (must include a punch front or a whip)

## LEVEL 5

- Multiple jump combination to back tuck
- Toe touch two back handsprings to full or double full
- Standing full
- Running double full
- Specialty through to full or double full

***Please note: Your athlete is required to consistently have at least 75% of the tryout level skills listed above. If this is not the case, we ask you to tryout for the level below. The skills listed above are the preferred skills for each level but they do not guarantee your spot on a team or level. Skill mastery and athlete maturity is also taken into consideration when placing athletes onto teams. And again, we will look at the complete span of talent across the board and create what we believe to be the most successful teams possible.***



# EXPECTATIONS

## COMMITMENT

Cheerleading is a team sport and practice attendance is incredibly important to the success of our teams.

**Our practices are mandatory.** Teams practice 3-5 hours a week. As competition season nears, extra practices may be called. Plenty of notice will be given regarding extra practice times and expect athletes to be at all scheduled practices. More than 2 unexcused absences per season will result in your child being made an alternate or dismissed from a competitive team (AFTER CHOREOGRAPHY).



**EXCUSED ABSENCES:** School function with proof that it is for a grade, and funeral of a family member.

**UNEXCUSED ABSENCES:** Homework, school dances, concerts, banquets, family reunions, weddings, school/church social events, etc.

An *Absence Request EMAIL* must be submitted two weeks prior to any absence. Emails are to be sent to [cheer@powersportskids.com](mailto:cheer@powersportskids.com) at least two weeks prior to the absence. An email does not automatically excuse an absence. All absences must be approved.

**NO ABSENCES ARE PERMITTED THE WEEK OF A COMPETITION.**

Competition attendance is MANDATORY. No exceptions. If an athlete misses a competition, the athlete is subject to replacement or dismissal from the team and/or program.



# EXPECTATIONS

## ILLNESS/INJURY POLICY

If sick or injured, athletes are still expected to attend and watch training so as to not miss changes. Participation from the athlete during practice will be at the discretion of the coach. A location is provided for sick athletes to watch where they do not come in contact with other athletes. Failure to attend practice when sick will jeopardize the athlete's position on the team. In addition to not participating, a detailed doctor's note is required.

## SUMMER VACATION

The gym will be closed from practices June 25th - July 12th to accommodate any vacations. It is highly suggested that any summer vacations are taken during this time to avoid any unexcused absences.

**We understand that other circumstances may arise throughout the year and we do our best to accommodate, but please realize you and your child committed to being a part of this competitive program. The success of the team DEPENDS on every athlete's attendance at practice. We expect 100 % commitment and attendance from all athletes. No exceptions will be made for personal schedule conflicts.**





# EXPECTATIONS

## TEAMWORK

Teaching the value of being a “team player” is important to our program and coaches. The principals learned at a young age from being on a team will stay with them long after the season ends. Because of this, we have high expectations regarding how our practices are run and how our athletes work together. Athletes and parents are expected to always exhibit good sportsmanship and show respect for their teammates, Powersports staff, other athletes and parents within the gym. The way our athletes and parents treat each other and the coaches is the first step in building a strong team.

Our coaching goal is to make practice and competitions FUN and rewarding. We attempt to create a positive environment and use hugs and encouragement as our primary motivators. We understand that each child is different in learning and if necessary, will work with each parent in the disciplinary action for his or her child.



## CHARACTER

Powersports has high expectations of athletes' character and is taken very seriously. Athletes and their families represent our gym, program, and community at every performance. ALL members (parents, athletes, etc.) of our program are expected to exhibit positive character and sportsmanship at ALL times. Athletes and parents are expected to always exhibit good sportsmanship and show respect for their teammates, Powersports staff, other athletes and parents within the gym. Inappropriate behavior, comments, or facial expressions towards a coach or another athlete WILL NOT BE TOLERATED. *Athletes will receive a verbal warning from a coach for inappropriate behavior. The second warning will result in sitting out during practice time. The third warning will result in dismissal from practice. Multiple practice dismissals will result in removal from squad.*

Gossip is infectious and can ruin a team. This includes gossip inside and outside of the gym. Please focus on yourself and/or your child. Any concerns you have are more than welcome to be discussed with the coaches as we greatly value your opinion. A coach will handle any personal issues in a private and professional manner. Gossip or negative remarks regarding our program, other cheerleading programs or other athletes will not be tolerated. Athlete and/or parent gossip can result in immediate dismissal from the program.



# PRACTICE RULES

Practices close prior to competition season. There will be special circumstances where parents are asked to come watch their athlete practice (ie. Showoff, end of year competition week, etc.). Once the school year begins, parents will be allowed to stay for the first 10 minutes of practice and come in the last 10 minutes of practice before picking their child up.

**ONLY ATHLETES are allowed on the practice floor. Parents MUST stay in the viewing room at all times. If a parent's presence is deemed necessary, a coach will come and get them.**

## DRESS CODE

Athletes must wear appropriate practice gear as long as the clothing colors are blue, black or white (Powersports colors). **No other colored athletic clothing will be allowed.** All athletes are responsible for arriving on time and wearing the correct attire, the correct shoes and having their hair pulled back. Powersports is building responsible athletes and it is the athlete's responsibility to pack their cheer bags and wear the correct outfit to practice.

For safety reasons, there is to be **NO JEWELRY** worn at practice. Fingernails must be kept short at all times. **NO** cell phones, food, gum, or drinks other than water are allowed in the gym. All cheer bags and extra clothes should be left in the viewing area.

## COMMUNICATION

All official communication from the club will be distributed to parents via emails and monthly meetings. Notifications will also be sent via Team App regarding practice times, competition times etc. Valuable time is spent on writing emails and meeting notes so please take the time to read them. It is your responsibility to update any changes to your phone/email with the office.





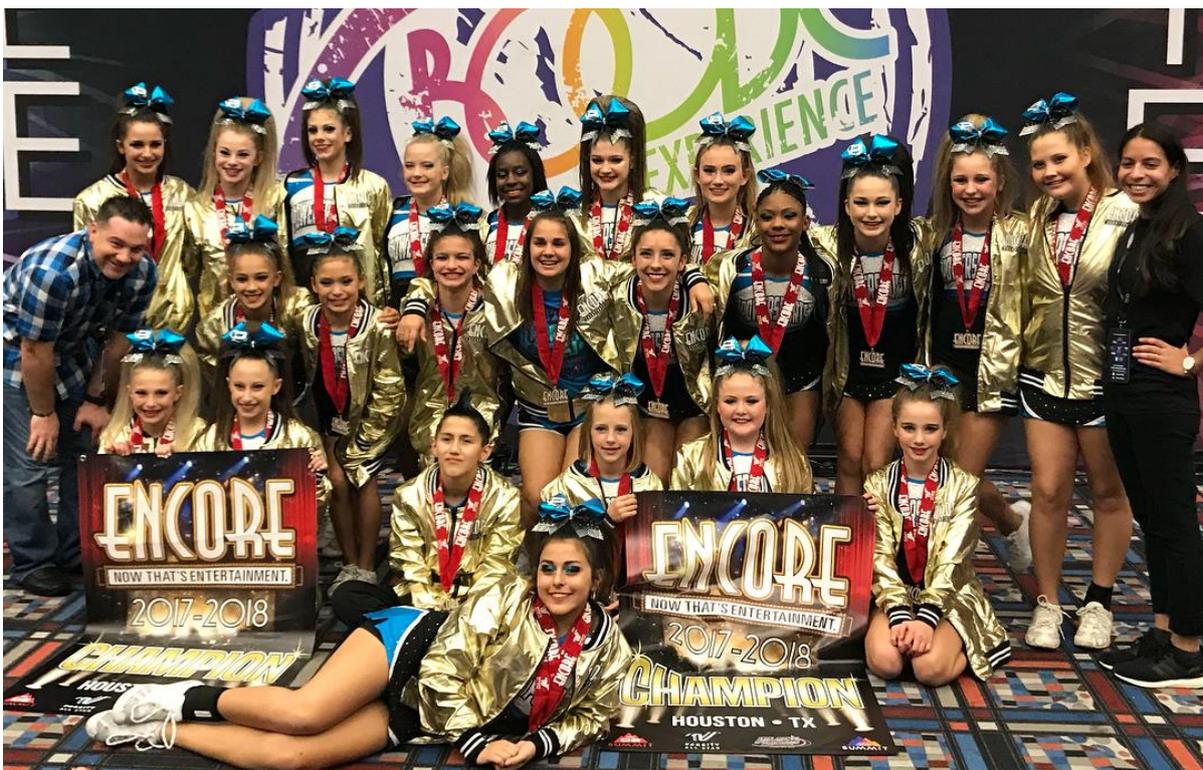
# THE POWERSPORTS NAME

## USING POWERSPORTS NAME, LOGO, ROUTINES

Using the Powersports name or logo in relation to posts or photos on any social media site is a powerful representation of the program. Please remember, anything that is said is a direct reflection of the program as a whole. **Negative or unjust posts regarding the Powersports program as well as other cheerleading programs will not be tolerated from athletes or parents of the gym.**

All routines and choreography including cheers, dances, stunts, transitions, and tumbling should be highly protected and shall not be shown or discussed with others. Under no circumstances shall Powersports choreography be copied or taught to anyone from outside the team and cannot be uploaded to ANY social media site including Facebook or YouTube.

The Powersports name or logo cannot be used, worn, or sold without the direct written consent from the club directors (Ashley McKinley or Thad McKinley). Anything without their approval cannot be worn or sold.





# PROGRAM COSTS

Competitive cheerleading is a large financial commitment. The competitive nature of the sport – the competitions and travel that is involved – makes the sport more expensive than others your child may have participated in in the past. We understand this and do our best to keep costs at a minimum. Some of these items are marked with approximate costs and will be adjusted once the final costs are confirmed. All costs listed below (besides tuition) can be paid for by sponsors and fundraisers.

## ELITE ALL STAR COSTS

| EXPENSE                   | AMOUNT*                      | EXPLANATION  |
|---------------------------|------------------------------|--|
| Monthly Tuition           | \$150 (starting in the fall) | This is <b>paid monthly</b> to the front desk. Competitive teams are also required to take an additional tumble class for \$45/month (already included in the \$150 tuition).                  |
| Practice Wear (approx)    | \$100                        | This includes 1 practice outfit, 1 program shirt, and 1 spirit jersey.   |
| USASF Membership          | \$30                         | Required for every athlete each season.  |
| Choreography (approx)     | \$250                        | Choreography is usually \$175 plus air and travel. Music will depend on the number of athletes on the team. For example, if there are 20 athletes and music is \$500, music cost is then \$25. |
| Uniform* (approx)         | \$400                        | All all-star teams will be getting new competition uniforms for the upcoming season.   |
| Bow & Make Up (approx)    | \$50                         | All teams will be getting new bows and make-up.  |
| Competition Fees (approx) | \$800 - \$900                | We will be attending 3-4 regional and 3-4 national competitions.   |
| Coaches Fees (approx)     | \$150                        |  |

\*The total cost of all these items (excluding monthly tuition) will be calculated up and the payment will be split up across 7 months (starting June 1st).

\*\*Uniform does not include shoes. All athletes are required to have all white competition grade cheer shoes. Shoes can be purchased from any source. If you need any recommendations, please ask the staff.

Any money awarded to a team(s) at competitions will go to the Powersports Cheer program.

## PREP CHEER COSTS

| EXPENSE                   | AMOUNT*                      | EXPLANATION  |
|---------------------------|------------------------------|--|
| Monthly Tuition           | \$135 (starting in the fall) | This is <b>paid monthly</b> to the front desk. Competitive teams are also required to take an additional tumble class for \$45/month (already included in the \$135 tuition).                  |
| Practice Wear (approx)    | \$100                        | This includes 1 practice outfit, 1 program shirt and a spirit jersey.  |
| USASF Membership          | \$30                         | Required for every athlete each season.  |
| Choreography (approx)     | \$150                        | Choreography is usually \$175 plus air and travel. Music will depend on the number of athletes on the team. For example, if there are 20 athletes and music is \$500, music cost is then \$25. |
| Uniform* (approx)         | \$250                        | All teams will be getting new competition uniforms for the upcoming season.  |
| Bow & Make Up (approx)    | \$50                         | All teams will be getting new bows and make-up.  |
| Competition Fees (approx) | \$500                        | We will be attending 2-3 regional and 3-4 national competitions.   |
| Coaches Fees (approx)     | \$120                        |  |

## SHOW TEAM COSTS

| EXPENSE                   | AMOUNT* | EXPLANATION   |
|---------------------------|---------|---|
| Monthly Tuition           | \$65    | This is <b>paid monthly</b> to the front desk.                  |
| Practice Wear (approx)    | \$75    | This includes 1 practice outfit and 1 bow.                      |
| USASF Membership          | \$30    | Required for every athlete each season.                         |
| Music Fee                 | \$40    |   |
| Uniform* (approx)         | \$125   | If you need to purchase a new uniform.                          |
| Competition Fees (approx) | \$300   | We will be attending 2-3 competitions in the surrounding areas. |
| Coaches Fees (approx)     | \$50    |   |

## FUN CHEER COSTS

| EXPENSE                | AMOUNT* | EXPLANATION                                    |
|------------------------|---------|--|
| Monthly Tuition        | \$80    | This is <b>paid monthly</b> to the front desk. |
| Practice Wear (approx) | \$50    | This includes 1 t-shirt and 1 bow.             |
| Coaches Fees (approx)  | \$50    |  |



# PROGRAM COSTS

## PLEASE NOTE:

- Tuition can be paid online through the family portal, automatically drafted from your account on the 15<sup>th</sup> of the month, or paid in cash at the front desk.
- Travel expenses are not covered. There will be extra expenses for travel, hotels, etc.
- Teams may also get bids to special competitions. In these cases there will be additional travel and competition costs for these competitions.
- Tuition and expenses are NON-REFUNDABLE.

## YEAR AT A GLANCE

|   |           |
|---|-----------|
| <b>Gym Closed (College Nationals)</b>     | 4/2-4/5   |
| <b>Bring A Friend Month</b>               | 4/9-5/3   |
| <b>Tryouts (New Members Only)</b>         | 5/5       |
| <b>Workout Groups By Level</b>            | 5/14-5/31 |
| <b>Teams Announced</b>                    | 6/2       |
| <b>Team Practice Begins</b>               | 6/4-6/21  |
| <b>Summer Vacation/Break (Gym Closed)</b> | 6/25-7/12 |
| <b>Team Practices</b>                     | 7/16-8/16 |
| <b>School Year Begins</b>                 | 8/20      |
| <b>Thanksgiving Break</b>                 |           |
| <b>Holiday Break</b>                      |           |

**\*\*FORM REQUIRED AT TRYOUTS**

# **Athlete Contact Information**

List ALL phone contacts

Name of Athlete \_\_\_\_\_ DOB \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/ZIP \_\_\_\_\_

NAME OF PARENTS/LEGAL GUARDIANS \_\_\_\_\_

PARENTS HOME PHONE \_\_\_\_\_

ATHLETES HOME PHONE \_\_\_\_\_

MOMS CELL \_\_\_\_\_ MOMS WORK \_\_\_\_\_

DADS CELL \_\_\_\_\_ DADS WORK \_\_\_\_\_

ATHLETES CELL \_\_\_\_\_

EMERGENCY CONTACT NAME & PHONE \_\_\_\_\_

\_\_\_\_\_

MOMS EMAIL \_\_\_\_\_

DADS EMAIL \_\_\_\_\_

**For Office use ONLY**

**TEAM:** \_\_\_\_\_

# **ATHLETE AND PARENT CONTRACT**

## **Athlete Responsibilities and agreement:**

1. I have read and agree to all information in the 2018-2019 Athlete & Parent Handbook.
2. I will be on time to EVERY practice and wear the proper attire.
3. I will show up with a good attitude towards my coaches and teammates.
4. I will do my best at each practice to improve my skills and my team's routine.
6. I will not behave inappropriately or use inappropriate language during any Powersports event.
7. I will not participate in gossip related to Powersports, my team or any other cheerleading program.
8. I will show sportsmanlike conduct at all times to team members and opposing teams.
9. I will be on time to and prepared for EVERY competition.
10. I will have FUN and be the best cheerleader I can be.

I understand that not adhering to the 10 responsibilities listed above could result in dismissal from the program **WITHOUT** refund.

Printed name: \_\_\_\_\_

Athlete signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **Parent Responsibilities and agreement:**

1. I have read and agree to all information in the 2018-2019 Athlete & Parent Handbook.
2. I will have my athlete at practice on time, for EVERY practice.
3. I will inform a coach via email or phone call of all absences prior to the day of practice.
4. I will fulfill all financial obligations for the program.
5. I will remain in the viewing area at ALL times.
6. I will bring my questions or concerns to a coach at a time other than before or after practice.
7. Respect all coach's decisions and encourage your child to work hard and support their team.
8. I will have my child on time and prepared for EVERY competition.
9. I will not participate in gossip related to Powersports, the team, or any other cheerleading program.
10. I will be my cheerleader's cheerleader at competitions and practices. Team spirit is generated by the parents and I will be my child's number one fan!

Payment Agreement (initial beside):

\_\_\_\_\_ I understand that cheerleading is a 12-month commitment. In the event you need to drop an additional class or must be removed from the program, a 30 day written notice (email to front office) is required in order to stop tuition payments. (Any tuition and/or fees paid before this notification period will not be refunded under any circumstances.)

\_\_\_\_\_ I understand that if a tuition or fees payment is unpaid or returned; my credit card will be run on the 15th of the month.

\_\_\_\_\_ I understand that not following the 10 responsibilities listed above could result in dismissal from the program **WITHOUT** any refunds.

Printed name: \_\_\_\_\_

Parent signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\*FORM REQUIRED AT TRYOUTS**

# Tryout Consent Form

I, \_\_\_\_\_, (Athlete)

And I, \_\_\_\_\_, (Parent)

completely understand the rules, requirements, and regulations governing the Powersports Cheer Program and promise to uphold and abide by all the rules set forth. We understand that exceptions cannot be made. We also acknowledge that we are a part of a team and that the rules and guidelines have been established for the best interest of the entire program.

Athlete Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Cheerleader Name: \_\_\_\_\_ Birth date: \_\_\_\_\_

Grade (2018/2019): \_\_\_\_\_ Age (of August 31, 2018): \_\_\_\_\_

Parent Name: \_\_\_\_\_

Mom Phone: \_\_\_\_\_ Dad Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Summer Dates you will be absent: \_\_\_\_\_

\_\_\_\_\_